

SEL PQA ITEM SUMMARY & METHODS

SAFE SPACE		
	Creating Safe Spaces	
Item 1	Foster positive emotional climate	Building Community Structure & Clear Limits Reframing Conflict Ask Listen Encourage Cultivating Empathy Emotion Coaching
Item 2	Convey warmth and respect	
Item 3	Provide support for safe space	
Item 4	Demonstrate positive group management style	
Item 5	Demonstrate mutual accountability	
Item 6	Show active inclusion	
SUPPORTIVE ENVIRONMENT		
	Emotion Coaching	
Item 1	Acknowledge emotions	Reframing Conflict Emotion Coaching
Item 2	Support young people to name emotions	
Item 3	Discuss constructive handling	
Item 4	Discuss emotion causes	
	Scaffolding Learning	
Item 1	Break task into steps	Active Learning Ask Listen Encourage Engaging Youth in Supportive Struggle
Item 2	Model skills	
Item 3	Encourage young people to improve performance	
Item 4	Monitor challenge level	
	Fostering Growth Mindset	
Item 1	Guide young people to self-correct	Ask Listen Encourage Engaging Youth in Supportive Struggle
Item 2	Use non-evaluative language	
Item 3	Attribute achievement to effort	
INTERACTIVE ENVIRONMENT		
	Fostering Teamwork	
Item 1	Promote active collaboration	Cooperative Learning Fostering Teamwork
Item 2	Establish shared goals	
Item 3	Provide group-process opportunities	
	Promoting Responsibility and Leadership	
Item 1	Assign responsibility for tasks	Promoting Responsibility & Leadership
Item 2	Support carrying out responsibilities independently	
Item 3	Provide mentoring opportunities	Cooperative Learning Youth Voice
Item 4	Provide leadership opportunities	
Item 5	Provide opportunities to present	
	Cultivating Empathy	
Item 1	Structure activity for sharing and listening	Cultivating Empathy Building Community
Item 2	Encourage understanding other's emotions	
Item 3	Structure activities for showing kindness	
Item 4	Support valuing of differences	
ENGAGING ENVIRONMENT		
	Furthering Learning	
Item 1	Support connections to previous knowledge	Facilitating Problem Solving Active Learning
Item 2	Link examples to principles	
Item 3	Encourage extending knowledge	
Item 4	Encourage logical reasoning	
Item 5	Guide discovery	
	Supporting Youth Interests	
Item 1	Provide open-ended choice	Youth Voice Active Learning Facilitating Problem Solving
Item 2	Provide multiple opportunities for choice	
Item 3	Support creativity	
	Supporting Plans and Goals	
Item 1	Set up planning opportunities	Active Learning Planning & Reflection Facilitating Problem Solving
Item 2	Ensure young people record or represent plans	
Item 3	Facilitate monitoring progress toward goal	
Item 4	Support problem-solving alternatives	

KEY
Existing YPQA items
Existing SAPQA items
Y/SA item with Higher Bar
From Summer Learning PQA or Academic Skill Bldg PQA
New Item

SEL Methods
Essentials of an SEL Framework
Foundations & Self Awareness of Emotional Development
Cultivating Empathy
Emotion Coaching
Foundations & Self Awareness of Cognitive Development
Engaging Youth in Supportive Struggle
Facilitating Problem Solving
Foundations & Self Awareness of Social Development
Fostering Teamwork
Promoting Responsibility & Leadership

Youth Work Methods
Introduction to the Active Participatory Approach
Structure & Clear Limits
Building Community
Ask Listen Encourage
Active Learning
Reframing Conflict
Cooperative Learning
Planning & Reflection
Youth Voice
Homework Help

